

5.5 THE 'KITCHEN TABLE' MANIFESTO

The 'Kitchen Table' manifesto was written up by the teen ambassadors as a handbook for facilitators who want to host a 'Kitchen Table' discussion. Whilst the content of the discussion is, of course, flexible, the format should remain consistent. *For more information on how to prepare a kitchen table discussion go to www.teen theatrenetwork.eu*

Rules

1. The moderator should be a teenager.
2. Adult speaker should be timed and will be given a maximum of three minutes to speak. A speaker can continue for longer than three minutes if this is agreed unanimously by the teenagers.
3. There has to be food at the kitchen table.
4. The room must be set out to resemble a kitchen table (or maybe like a picnic, for example) with the spectators around the setting.
5. The teenagers act as the grown-ups and the adults in the audience act as the kids. In other words: the teenagers are the experts, the adults in the audience the students.
6. Whilst it is important that the audience gets involved, the discussion is focused on the opinions of the teenagers, so adults should keep quiet and raise their hand if they want to talk.
7. Opinions should be supported by experiences or examples.

