

SAMPLE

TEEN KITCHEN TABLE PREPARATION WORKSHOP PLAN

TEEN AMBASSADORS
ACROSS EUROPE

TEEN
THEATRE
EUROPEAN
ENGAGEMENT
NETWORK



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SAMPLE TEEN KITCHEN TABLE PREPARATION WORKSHOP PLAN

Check out this sample Workshop Plan from when Naja Birke (Teatercentrum, Denmark) ran a Kitchen Table with the Danish Teenagers and our associate partners in Slovenia (Bobri Festival of Culture and Art Education 2019) on 6th and 7th February 2019.

WORKSHOP PLAN • DAY 1

PREPARATION DAY 1 (14:00-16:00)

Note: *The two-hour preparation time may seem long but it gives peace and room for the discussion to unfold naturally amongst the Teenagers. It allows them to fully explore the topic and, as they feel increasingly comfortable, it motivates them all to participate fully. This was especially true in this case because the Teenagers did not know each other in advance and most had never participated in, or watched, a TEEN Kitchen Table Meeting previously. What is also useful is providing opportunities for the Teenagers to watch productions and eat lunch together as this helps them to bond quickly.*

■ Standing in a circle giving short introductions:

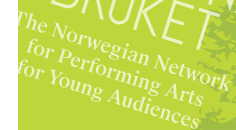
- Presentation of the TEEN Project and the TEEN Kitchen Table Format.
- Ask the Teenagers participating in the TEEN Kitchen Table Meeting to share their name, age, and why they have chosen to participate.

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Note: It is a new group so they will not necessarily know each other in advance.



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■ Name game

- to break the ice and get to know each other.
- Set Up: Standing in a circle
- Set up: Stand in a circle with one person in the middle.
- The person in the middle has to try and get out of the middle by calling the name of somebody in the circle three times.
- The person whose name they call must try and say the caller's name once, before their own name has been said three times, in order to avoid getting in the middle.
- If the person in the middle successfully says someone else's name three times without being interrupted then the person whose name was called has to swap to be in the middle, and so on.

■ Playing the 'Slurping' Game:

- to break the ice and get to know each other.
- Set up: Stand in a small circle.
- Imagine your entire body is covered with sticky suction cups (except for your face).
- The person who starts sticks a part of him or herself to someone else using one of these 'suction cups' while making a slurping sound.
- The person who got 'slurped' continues the game by sticking to someone else etc.

■ One of the Danish TEEN Ambassadors (Philippe) to go through **the rules of the TEEN Kitchen Table Meeting.**

Note: He made a good point of telling them that, 'These are the rules, but this is your discussion, so you can organise it the way you want to.'

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- Discussing the setting of the TEEN Kitchen Table Meeting.
 - Discussing how, and who will, present the TEEN Kitchen Table Meeting rules to the spectators.
 - Choosing a moderator/facilitator of the TEEN Kitchen Table Meeting.
- At first, the Slovenian Teenagers wanted the spectators to sit on cushions on the floor like kids in the Theatre.

■ Planning the topic – discussion led by Danish TEEN Ambassador.

- How do we define Contemporary Art?
- What is the structure of Contemporary Art?
- They were asked to write down some of the points so they could review them and remind each other of these when they do the actual TEEN Kitchen Table Meeting.
- The Danish Tutor (Naja) and Bobri Festival Director (Tadeja) asked a couple of questions to help the Teenagers prepare, and to help them decide when it will be time to let the audience/spectators speak.

■ Choosing a Teenager to moderate the final TEEN Kitchen Table Meeting (keeping an eye on the time and questions from the audience).

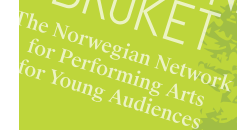
Note to be given to Teenagers: Be good hosts, greet people and place them in the room.

Remember it is your room, you own it!

ROOM SET UP (16:00 -17:00)

- Teenagers to decide how to set up the room and what should be on the table.
- They are to be encouraged to go and buy food and flowers for the table.

Segni d'infanzia (Italy) | Cultuurcentrum Hasselt (Belgium)
Dialogue Community Performance (UK) | "la Caixa" Foundation (Spain)
Scenekunstbruk (Norway) | Teatercentrum (Denmark)



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WORKSHOP PLAN • DAY 2

PREPARATION DAY 2 (12:00-12:45)

- Ask the Teenagers to organise the space and finish the preparation.
- Rehearse on 'how to disagree' - ensure the Teenagers practise listening to each other, commenting, sharing their agreement/disagreement, and asking questions etc.
- Half an hour before the TEEN Kitchen Table Meeting starts, run an energizer game and/or a focus exercise followed by a short break.

TEEN KITCHEN TABLE MEETING (13:00-15:00)

Run the TEEN Kitchen Table Meeting as per the TEEN Kitchen Table Rules and Manual.



REFLECTION ON SOME CHALLENGES FROM THIS SLOVENIAN KITCHEN TABLE

- It is Slovenian law that when you host a public discussion it should be translated into Slovene and not just be presented in English. This was solved by asking the audience members who would like someone sat beside them to translate from English into Slovene.
- It was difficult to persuade many professionals to join us as spectators? How do we invite delegates to come to the TEEN Kitchen Table Meeting? How do we make it an attraction that they do NOT want to miss?
- How to prevent the conversation from going round in circles during the discussion, and to give the Teenagers different takes on a topic and to challenge their thoughts? This could be solved by giving them a challenge such as, every Teenager needing to ask at least two new questions to the others on themes not already explored. You can also remind the Teenagers that they can use the audience and ask them questions on the topic to get fresh information if they feel they are going around in circles.

